

## Setting Out Suggested Readings

*Below are a few suggested readings that might be helpful to consider at this stage in The Journey. However, there are many other valuable resources to further your Christian development, so please do not limit yourself to this list.*

### Instructions

To help you along your discipleship journey, we have provided a self-study program that you can use, along with participating in worship, service and classes at BUMC. To get the most out of your journey, it will be helpful for you to keep a journal and take notes about your experiences and reflections. After completing each reading, you may want to guide your thoughts by asking questions such as:

- What are my biggest take-aways from the readings?
- What is God teaching me?
- What from these readings can I apply to my life?
- What made me feel the most uplifted? Why?
- What made me feel the most unsettled? Why?
- Did the readings help me to desire to have more love for God and neighbor? How?

### Suggested Readings

[\*Ask: Faith Questions in a Skeptical Age\*, by Scott J. Jones and Arthur D. Jones](#)

[\*Three Simple Rules: A Wesleyan Way of Living\*, by Rueben Philip Job](#)

[\*The Reason for God: Belief in an Age of Skepticism\*, by Timothy Keller](#)

[\*Sacraments and Discipleship, Understanding Baptism and the Lord's Supper in a United Methodist Context\*, by Mark W. Stamm](#)

[\*This Holy Mystery: A United Methodist Understanding of Holy Communion\*, by Gayle Carlton Felton](#)

[\*The Long Loneliness\*, by Dorothy Day](#)

[\*Mere Christianity\*, by C.S. Lewis](#)

[\*Imitation of Christ\*, by Thomas à Kempis](#)

[\*Soul of Prayer\*, by P.T. Forsyth](#)

[The Journey, by Rev. Dr. Billy Graham](#)