**Caring Relationship Inventory**

The goal of this inventory is to understand and make sure that our caring relationship is continuing in the right direction and ensure that we are concentrating on the things of most importance to the Care Receiver.

It’s suggested that both the Stephen Minister and Care Receiver participate in the inventory independently and then share and discuss their responses at their next face-to-face meeting.

1. Describe to me what you viewed as the major issues that needed our attention when
we first began this relationship.
2. How long would you say it took for us to become comfortable enough with each
other that we could be completely honest and open about our feelings?
3. During the time that we have been meeting, how effective have we been in addressing the issues you described in the first question?
4. Let’s put the unresolved issues that we are dealing with in the order of importance to you.
5. Where would you say we are currently in the caring relationship? Are we still in the beginning phases, are we somewhere in the middle (really working on the issues that you have described), or are we getting close to the end of the caring relationship?
6. How do you think we should proceed going forward?

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